

1 February – 16 March 2020

Firth of Forth Geowalk: St Abbs to St Andrews

A series of 20 Day Walks, walking the entire coastline of the outer Firth of Forth, from St Abbs to St Andrews, in celebration of amazing geodiversity and Scotland's Year of Coasts and Waters 2020. Discover remote beaches, rocky headlands and a story that stretches back more than 400 million years as we walk through extinct volcanoes, the remains of long lost swamps and oceans, and find the traces of the animals and plants that lived here in the past. Along the way, the harbours, castles, headlands and bridges demonstrate the deep connection between geology and society.

Starting at St Abbs on Saturday 1 February and finishing at St Andrews on Monday 16 March, the series of 20 Day Walks will combine to make a 230-km coastal journey around the outer Firth of Forth - up to and including the Forth Road Bridge. Individual walks are up to 17 km (10 miles) long, but most are shorter and there are always options for joining in for part of the walk.

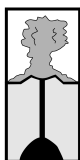
Each walk will be at a relaxed pace, an informal exploration of a variety of themes: geology (of course), but also the shape and variety of the coastline, wildlife and natural heritage, and the ways that geology influences the human story in the past and present. And coming sharp on the heels of (the start of) Brexit, recognising and celebrating connections from the Forth to the rest of Europe, not least in the historic trade of salt and pantiles. But also just walking for the sake of it, for exercise, fresh air, and physical and mental health.

All of these walks are free, with donations invited for charity. Please visit www.geowalks.co.uk/guided-walks/ for programme updates and details of each walk, including meeting point and start time.

Advance booking essential, by email to angus@geowalks.co.uk. Although the walks are unlikely to be over-subscribed, numbers may need to be limited for safety reasons and arrangements may change at short notice, due to the weather or other factors.

Day	Date	Time	Start	End	Distance (km)
1	1 Feb 20	11am	St Abbs	Pettico Wick	4
2	2 Feb 20	11.30am	Pettico Wick	Dowlaw	8
3	8 Feb 20	10am	Dowlaw	Cove	11
4	9 Feb 20	11am	Cove	Dunbar	16
5	10 Feb 20	12 noon	Dunbar	St Baldred's Cradle	13
6	11 Feb 20	10am	St Baldred's Cradle	North Berwick	11
7	13 Feb 20	12 noon	North Berwick	Gullane	11
8	14 Feb 20	12 noon	Gullane	Port Seton	15
9	16 Feb 20	11am	Port Seton	Leith	17
10	21 Feb 20	10am	Leith	Cramond	11
11	25 Feb 20 (revised date)	10am	Cramond	Queensferry	11
12	26 Feb 20	10am	Queensferry	Dalgety Bay	13
13	28 Feb 20	1pm	Dalgety Bay	Kinghorn	14
14	29 Feb 20	11am	Kinghorn	East Wemyss	16
15	1 Mar 20	1.10pm	East Wemyss	Lower Largo	10
16	8 Mar 20	12.30pm	Lower Largo	Elie	11
17	13 Mar 20	12.30pm	Elie	Anstruther	10
18	14 Mar 20	11am	Anstruther	Fife Ness	11
19	15 Mar 20	11am	Fife Ness	Boarhills	10
20	16 Mar 20	11am	Boarhills	St Andrews	7

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